



# BEHAVIORAL HEALTH OVERVIEW

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# Behavioral HealthChoices

- In PA Behavioral Health Services are ‘carved out’ from physical health Services
- Three primary goals:
  - Improve access to health care services for MA recipients.
  - Improve the quality of care available to MA recipients.
  - Stabilize Pennsylvania's MA spending.
- Pennsylvania’s Office of Mental Health and Substance Abuse Services (OMHSAS) has oversight of the BH-HC.
- As of January 2018, over 2.6 million people were enrolled in HC-BH.
- FY 2018-19 funding is projected to be \$4 billion.

# BEHAVIORAL HEALTH SERVICES

## What's New

- All CHC participants will be covered by BH managed care through the existing behavioral health managed care organizations (BH-MCOs).
- This is a change for Aging Waiver participants and nursing facility residents.

# HC Program – State Plan Eligible Services

- Clozaril Support
- D&A Methadone Maintenance
- D&A Outpatient
- Inpatient Psychiatric
- Inpatient D&A
- MH Crisis Intervention
- MH Outpatient
- MH Partial Hospitalization
- Certified Peer Support
- Targeted Case Management (ICM, RC, Blended)
- Laboratory and Diagnostic Services
- Smoking Cessation Counseling Services
- ER evaluations for voluntary and involuntary commitments

# BEHAVIORAL HEALTH SERVICES

## **SUPPLEMENTAL**

- Additionally, the BH-MCO may provide medically necessary and cost-effective alternatives to State Plan Services approved by the Office of Mental Health and Substance Abuse Services (OMHSAS). The most commonly approved services include:
  - ✓ Non-Hospital Drug and Alcohol Detox and Rehab
  - ✓ Certified Recovery Specialist
  - ✓ Halfway House
  - ✓ Assertive Community Treatment Team (ACT)
  - ✓ Psychiatric Rehabilitation Services
  - ✓ LSW, LCSW, LPC, LMFT