

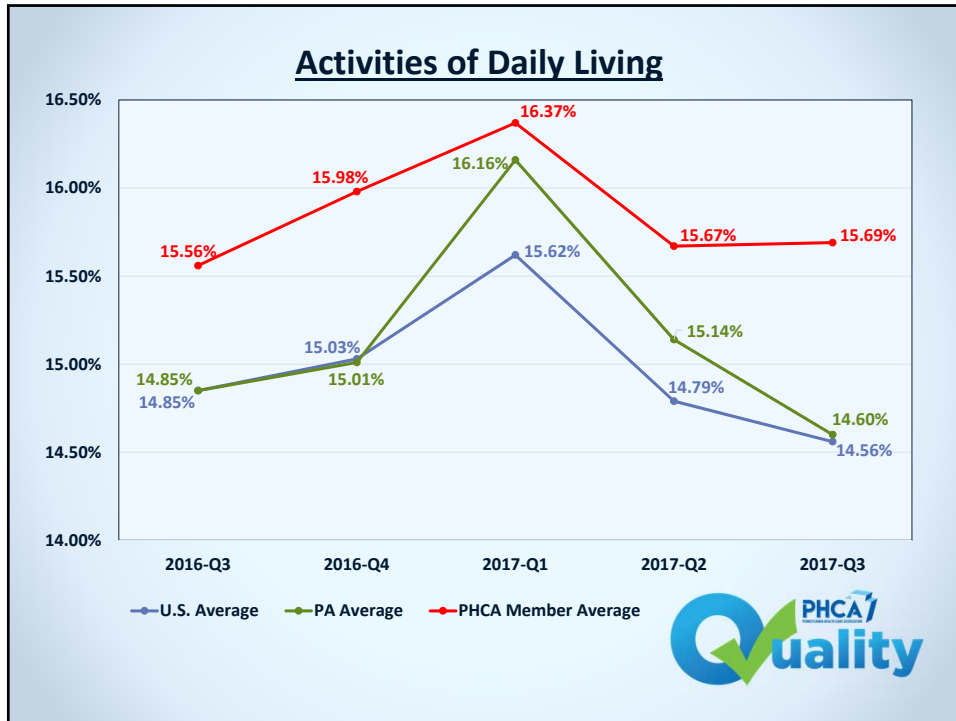
# Advancing Quality Reaching For The Stars

- How Did You do it? Best Practices and Lessons Learned from Improving Activities of Daily Living



## Activities of Daily Living

- **Activities of Daily Living**
  - This measure reports the percentage of long-stay residents whose need for help with late-loss Activities of Daily Living (ADL's) has increased when compared to the prior assessment. This is a change measure that reflects worsening performance on at least two late loss ADLs by one functional level or on one late loss ADL by more than one functional level compared to the prior assessment. The late loss ADLs are bed mobility, transfer, eating and toileting. Maintenance of ADLs is related to an environment in which the resident is up and out of bed and engaged in activities.
- **PHCA Target Rate: 15.3%**
  - The 2017 Q3 PHCA member average: 15.7%
  - State Average: 14.6%
  - National Average: 14.6%



## Share Your Quality Story

- Carolyn Hall – Administrator
  - *Sava North Hills Health and Rehabilitation*
  
- Ed Zaleski – Director of Rehabilitation
  - *Whitestone Care Center*
  
- Owen Larkin –
  - *Manor Care Donohoe Manor*



## Ways to Change the Narrative

- How did you recognize the need for change?
- Who was involved?
- System or Process changes implemented?
- How did you gain engagement (staff, resident, family)?



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## Quick Tips/Tools

- Any specific Tools utilized?
- How did you track it?
- Any suggestions for best practices?



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## Barriers/Challenges

- What roadblocks arose?
- Any forecasted issues?
- Challenges?



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## Final Thoughts

- How to maintain best practice?
- Continue engagement and excellence?
- Achieve optimal performance and outcomes?



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# Questions

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