
PHCA Webinar: Accessing and Coordinating Behavioral Health Services in Nursing Facility

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May 29, 2018

Educational Objectives

- Brief review of the Community HealthChoices program and the role of the behavioral health managed care organizations (BH-MCO)
- Overview of Community Care
- Overview of what behavioral health services are available for Community Care members
- How to coordinate and collaborate with the Community HealthChoices MCOs and Community Care
- How to access some of the resources that Community Care offers



Community HealthChoices

- **Medicaid** managed care program that includes physical health benefits and **long-term services and supports (LTSS)**
- Mandatory managed care program for dually eligible (Medicare and Medicaid eligible) individuals
- Three managed care organizations
 1. AmeriHealth Caritas
 2. PA Health and Wellness (Centene)
 3. UPMC Community HealthChoices



Behavioral Health HealthChoices

- Medicaid behavioral health managed separately by a BH-MCO
 - Under direction of counties
 - **This is a new benefit for individuals in nursing homes**
- Members in SW zone in Allegheny and Blair counties have BH managed by **Community Care Behavioral Health Organization (Community Care)**
- The company that manages behavioral health needs will depend on the county in which you live
- Very low use of Medicaid BH services by members in nursing homes. **How can we better support you and your residents?**

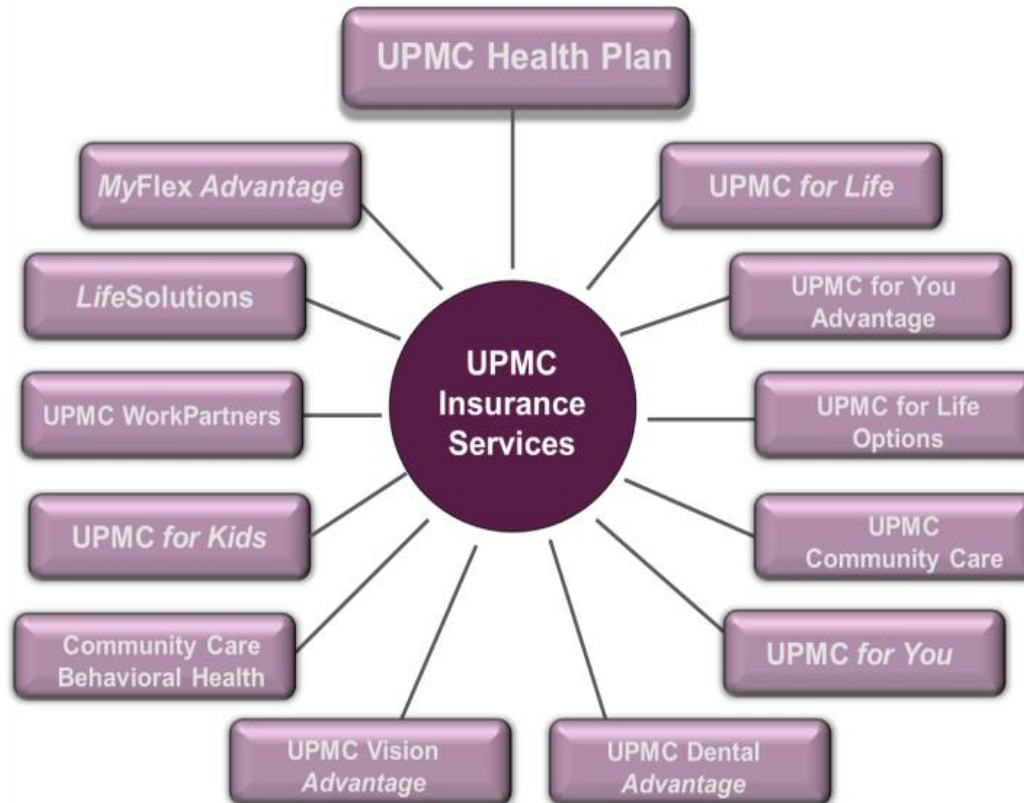


About Community Care

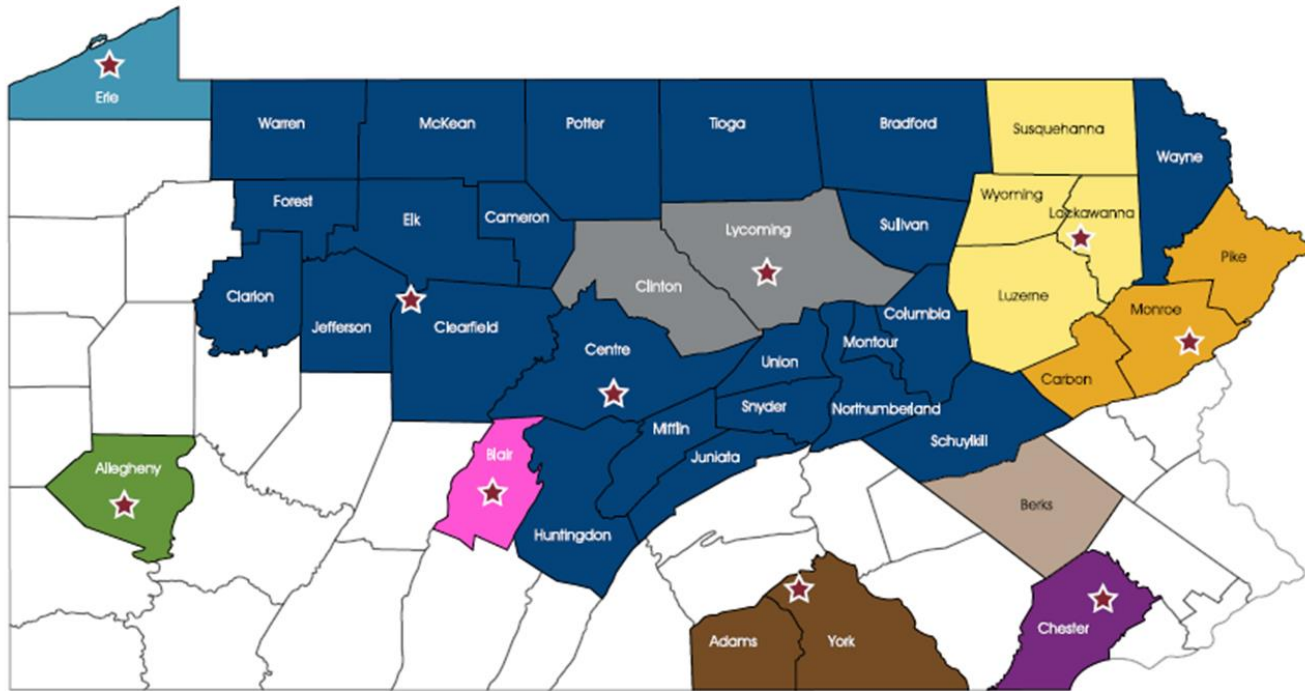
- Incorporated in 1996 to support BH HealthChoices
- Part of the UPMC Insurance Services Division
- 501(c)(3) nonprofit behavioral health managed care organization
- Licensed as risk-bearing HMO
- Implemented HealthChoices in 39 counties in Pennsylvania beginning in 1999
- Over 1,000,000 Medicaid members



UPMC Insurance Services Division



Community Care HC Contracts

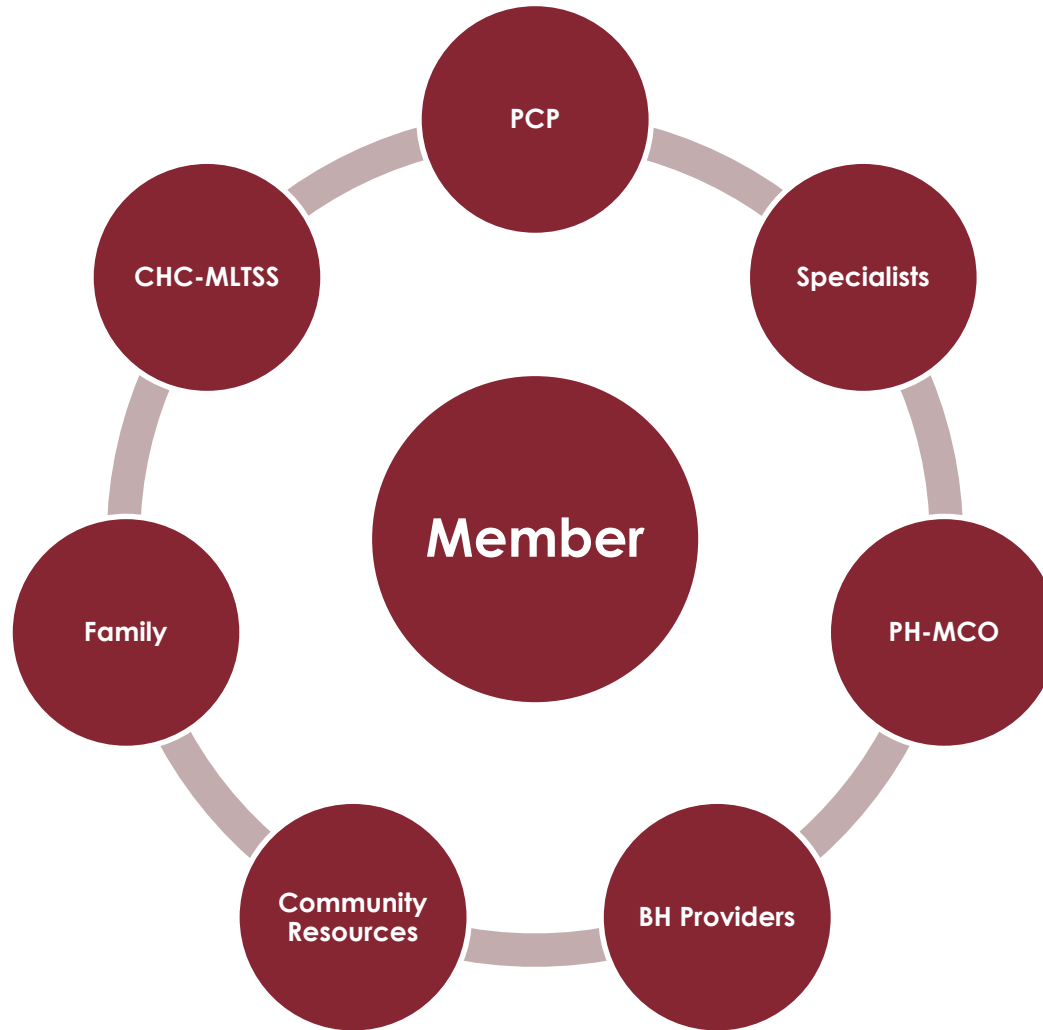


Serving the CHC Population

- Community Care strives to:
 - Encourage systems and individuals to recognize the integral role behavioral health plays in overall health and wellness
 - Make coordination and collaboration an easy process
 - Make the referral process as simple as possible
 - Make all processes timely
 - Encourage BH screenings and referrals



Care Coordination



What are Medicaid BH MH benefits?

- Inpatient psychiatric
- MH acute partial hospital
- **Mobile mental health**
- **Psychiatric rehab services**
- Psychological testing
- MH non-acute partial hospital
- **Blended case management**
- **Crisis services**
- Clozapine support service
- **Peer support services**
- **Telepsychiatry**



What are Medicaid SU benefits?

- Hospital-based detox
- Hospital-based rehabilitation
- **Non-hospital detox**
- **Non-hospital rehabilitation**
- **Halfway house**
- Diagnostic evaluation/level of care assessment
- **Drug & alcohol intensive outpatient**
- **Case management**
- Drug & alcohol outpatient
- Medication-assisted treatment: **Methadone, Suboxone, Vivitrol**



Needs of Nursing Facility Residents

- Examples of Medicaid services:
 - **Mobile Mental Health Treatment (MMHT):** Adults unable to participate in outpatient mental health treatment
 - **Peer Support:** non-clinical services that build bridges between professional and natural environments
 - **Crisis Services:** mobile, telephonic, and walk-in



Behavioral Health Coordinators

- The CHC-MCOs and BH-MCOs are required to have a behavioral health coordinator who is a behavioral health professional and is located in Pennsylvania.
- The primary functions of the BH coordinator are:
 - Coordinate participant care needs with BH providers
 - Participate in the identification of best practices for BH in a primary care setting
 - Coordinate behavioral care with medically necessary services
 - Support primary care



Service Coordination

- Service coordinators coordinate **Medicare, LTSS, physical health services, and behavioral health services**
- Facilitates the person-centered planning team
 - Doctors, service providers, and natural supports
- Members can receive BH case management in addition to service coordination



How to Get Started

- CHC Service Coordinator
- Community Care member and provider lines:
 - Member services and provider:
 - Allegheny County: 1-800-553-7499
 - Blair County: 1-855-520-9715
 - Provider Line: 1-888-251-2224
- Community Care website: www.ccbh.com. Use the “Contact Us” option
- Direct contact with providers. We can help you create partnerships



BH Services in Nursing Homes

- What Medicaid BH services do nursing home residents need?
 - Utilization to date (since January) is low
 - We are reaching out to schedule interviews with your staff
 - Opportunities to build on partnerships with counties and providers
 - Willing to explore new services
 - Community Care will be sending a short survey seeking your input on current needs and ideas about new services.



Training Opportunity

Community HealthChoices Symposium: Assessment and Treatment Considerations Across the Life Span

Wednesday, June 20, 2018

8:00 AM- 3:00 PM

Sheraton Station Center
300 W. Station Square Drive
Pittsburgh, PA 15219

Tuesday, June 26, 2018

8:00 AM- 3:00 PM

Altoona Grand Hotel
1 Sheraton Drive
Altoona, PA 16601



Training Opportunity

This conference is intended for providers who work with individuals with physical disabilities and older adults, as well as social workers, national certified counselors, nurses, certified peer specialists, mental health professionals, psychologists, and CPRP. The conference is free of charge, but pre-registration by June 13 is required.

About the Speakers

Lyndra Bills, MD, Regional Medical Director,
Community Care

Duncan Bruce MS, LPC, LBS, Director of MCO
Integration, Community Care

Matthew Hurford, MD, Chief Medical Officer,
Community Care **June 20 only**

Virginia Johnson, PhD, Licensed Psychologist,
Community Care

David Loveland, PhD, Senior Program Director,
Community Care

Brian Rabian, PhD, Manager of Psychological
Services, Community Care

Corey Rigberg, MD, Regional Medical Director,
Community Care

Agenda

8:00 AM	Registration
8:45 AM	Welcome & Opening Remarks
9:00 AM	Opioid Use Disorders & Medication-Assisted Treatment for Older Adults Dr. David Loveland
10:00 AM	Break
10:15 AM	Medication Consideration with Older Adults Dr. Corey Rigberg
11:15 AM	Assessment Considerations in Older Adults Dr. Brian Rabian
12:00 PM	Lunch (provided)
12:45 PM	Managing Grief, Loss & Related Stage-of-Life Issues for Older Adults Dr. Virginia Johnson
1:45 PM	Break
2:00 PM	Managing Complex Medical Conditions with a Comorbid Behavior Health Diagnosis Dr. Lyndra Bills
3:00 PM	Adjourn



Contact Information

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Thank You

