

DEMENTIA ...

Handling sticky situations with humor and dignity



Learning Objectives:

1. Identify when dementia related behavior requires intervention.
2. Apply strategies to diffuse stress in caregivers and family members.
3. Respond to sticky situations in a dignified and effective way.



Resources:

1. Alzheimer's Organization (www.alz.org)
2. Alzheimers.net/resources
3. National Institute on Aging (www.nia.nih.gov/)
4. Alzheimer's & Dementia Resource Center (www.adrccares.org/)
5. verywell (www.verywell.com/alzheimers-4014762)
6. www.dignityindementia.org
7. Dunlop, J. 2017. *Finding Grace in the Face of Dementia*. Crossway, USA.

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